



## ***So, You Want to Be a Stephen Minister?***

**Stephen Ministry is a high-commitment, high-reward ministry.** Here are some things you should know:

**Being a Stephen Minister requires the following commitments:**

- Participating in Stephen Ministry for a minimum of two (2) years, which includes 50 hours training and then service as a Stephen Minister.
- Active participation in all training sessions and peer supervision, except when sickness, emergency, or having to be out of town makes it impossible to attend. This supervision provides support and encouragement so that no one is left to provide care alone.
- Serving under the direction of the congregation's Stephen Leaders. Stephen Leaders are held accountable to make sure the Stephen Ministry program is well-organized and well-run.

**But, with strong commitment comes great reward, including:**

- The joy and satisfaction of participating in meaningful ministry and of serving Jesus.
- The friendship and support of the Christian community you'll develop in training and supervision.
- Personal growth through your training, service, and supervision.
- Enhanced relationships with family, friends, co-workers and others.
- Greater interpersonal skills that can prove valuable at work and in other activities.
- Increased faith in God, dedication to Jesus, and enjoyment of your religious life.
- The synergy created among the Stephen Ministers enables high-quality care to the people in our congregation and community who need it.
- Being a living witness of Unity's mission statement: *"United in Christ's love, we glorify God through worship, nurture, and service to all people."*

Contact any member of the Unity Presbyterian Church Stephen Leader Team for further information and an application to become a Stephen Minister.

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